

PASTA PRIMA

Substitute with gluten-free pasta 2.00

SIMPLY SPAGHETTI

Delicious homemade meat sauce over Italian imported pasta. 13.95 Add mushrooms 3.00 | Add meatballs 5.00 | Add both 7.00 | Add chopped Italian sausage 6.50

CHICKEN CARBONARA

Tender chicken breast sautéed with mushrooms and pancetta, tossed with penne in a rich, creamy white wine Alfredo sauce. 20.95

BAKED LASAGNA

Our delicious homemade baked lasagna. Layers of meat, tender noodles, a variety of cheeses, a touch of spice and herbs, plus our own special meat sauce. 21.95

BAKED SPAGHETTI PARMIGIANA

Bake any of our pasta - penne, spaghetti, linguine or fettuccine with a layer of meat sauce or Alfredo and mozzarella. 16.95 Add mushrooms 3.00 | Add meatballs 5.00 | Add both 7.00 | Add extra mozzarella 2.25

CHICKEN ALFREDO

Grilled chicken strips and freshly prepared ribbons of pasta blended in a creamy Alfredo sauce with sweet butter and imported cheese 18.95 | Without chicken 15.25

CHICKEN PRIMAVERA

Strips of chicken breast mixed with seasonal vegetables, sautéed in garlic oil with herbs and tossed over fettuccine in a creamy Alfredo sauce. 23.25 | Without chicken 18.95

CHICKEN PENNE PESTO

Roasted chicken, mushrooms, pesto, Alfredo, herbs, and sun-dried tomatoes. 21.50 Without chicken 16.95

CHICKEN TETRAZZINI

Tender roasted chicken and mushrooms with fettuccine, served in a creamy wine sauce. 20.95

PENNE PUTTANESCA

Sausage and penne tossed with kalamata olives, garlic, peppers, red onions and tomatoes. 21.95

RAVIOLI

Pasta stuffed with smooth ricotta cheese with a choice of meat sauce or Alfredo. 17.50 Bake it with mozzarella 2.00 | Add mushrooms 3.00 | Add meatballs 5.00 | Add both 7.00

SHRIMP LINGUINE

Shrimp sautéed with mushrooms and spinach in a lemon white wine cream sauce. 22.95

MUSHROOM RAVIOLI

Ricotta filled pasta with sautéed mushrooms in a white wine Alfredo sauce. 20.95

THAI CHICKEN

An exotic combination of fresh garden vegetables and succulent strips of chicken breast tossed in our own peanut sauce and served over linguine. 22.50

ENTRÉES

CHICKEN/VEAL PARMIGIANA

Tender hand breaded milk fed veal or chicken lightly fried and baked with rich housemade meat sauce and mozzarella. Served with spaghetti. 25.25

CHICKEN SOUVLAKI

Grilled chicken on a skewer served with Greek salad and roasted potatoes. 24.25

LIVER & ONIONS

Tender pieces of liver with fried onions. Served with homemade mashed potatoes and gravy. 19.95

BABY BACK RIBS

Baby back ribs slowly baked and basted with our specialty barbeque sauce, served with roasted potatoes or fries and our homemade coleslaw. 26.95

CHICKEN FINGERS

Tender strips of chicken breast battered and deep fried to perfection, served with plum sauce, coleslaw and choice of fries, roast potatoes or spaghetti. 18.25

CHICKEN MARSALA

Oven roasted chicken breast stuffed with mozzarella cheese, topped with a creamy mushroom marsala sauce. Served with mashed potatoes and vegetables. 25.95

BAKED SALMON WITH LEMON CAPER SAUCE

Fresh Atlantic salmon baked with lemon, garlic, herbs, and capers in a light, creamy sauce. Served with roasted potatoes and seasonal vegetables. 26.95

SOUTH ITALY PLATTER

Three classics all on one plate. Chicken parmigiana, 1/2 lasagna and a 1/2 order of fettuccine Alfredo, all with homemade sauces made fresh daily. 29.95

CHICKEN MILANO WITH SHRIMP

Grilled chicken breast, sautéed spinach and roasted peppers topped with warm goat cheese and shrimp. Served with roasted potatoes and mushrooms. 26.95

SPECIALS

Please visit our website for a complete list of Specials.

DESSERTS

- Cheesecake Your Way (Cherry, Strawberry, Turtle)
- Apple Blossom
- Chocolate Cake
- Hot Fudge Brownie
- Tiramisu
- Homemade Rice Pudding

EXTRAS

FRENCH FRIES 6.25

MEATBALLS 7.50

SAUSAGE 8.00

ROASTED POTATOES 8.25

ROASTED VEGETABLES 7.95

LARGE BLUE CHEESE 6.25

CREAMY GARLIC DIP 3.95

SOFT DRINKS (355ML OR 2L)

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224 GARRISON RD
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APPETIZERS

GARLIC BREAD WITH MOZZARELLA

Classic Italian bread with garlic butter and baked with mozzarella cheese. 10.95 | Without cheese 5.95
Add bacon and tomato 2.50

MOZZARELLA DIPPERS

Hand breaded mozzarella cheese sticks, lightly fried. Served with our homemade marinara sauce. 15.95

SPINACH & ARTICHOKE DIP

Rich Alfredo sauce, cream cheese, fresh spinach and artichokes baked with garlic. Served with pita chips. 17.50

THREE CHEESE BRUSCHETTA

Our famous tomato bruschetta topped with mozzarella, feta and Romano cheese. 13.95 | Without cheese 8.99

BARREL BREADSTICKS

Fresh, soft, hot, cheesy and buttery. Yum!
5 breadsticks | 5.95
10 breadsticks | 8.95

POTATO SKINS

Hand scraped and hollowed out potatoes, lightly fried, topped with American cheddar, bacon crumble and baked in the oven. Served with sour cream. 16.50

CHICKEN WINGS

Our famous battered chicken wings. A tradition that started in 1983.
Mild – Medium – Hot – Extra Hot – Honey Garlic
10 wings | 12.95
20 wings | 23.95
50 wings | MP

ARANCINI

Crispy, bite size “poppers” of creamy risotto, Italian sausage and stuffed with mozzarella cheese. Served with a marinara dipping sauce. 16.50

CALAMARI FRITTI

Calamari lightly dusted and served with garlic yogurt dip and sweet chili sauce. 17.85

SOUPS

Prepared daily from scratch.
Chicken Rice or our Daily Feature 7.95

Please note that pesto contains nuts. No substitutions
Pricing subject to change without notice.
Please visit thebarrel.ca for up-to-date pricing.

SALADS

HOUSE SALAD

Classic house salad with lettuce, peppers, onions, cucumbers and tomatoes. Served with our house vinaigrette. Small 8.95 | Large 13.95

TRADITIONAL CAESAR SALAD

Fresh romaine lettuce, topped with bacon bits, aged Parmesan cheese, croutons and Caesar dressing. Small 8.95 | Large 15.25

CHICKEN CAESAR SALAD

Roasted chicken, served on our traditional Caesar salad. Large 17.95

GREEK SALAD

Crisp lettuce, red and green peppers, cucumbers, onions, tomatoes, imported kalamata olives, oregano, and feta. Small 8.95 | Large 15.50

CHICKEN & GOAT CHEESE SALAD

Mixed greens, grilled chicken breast, tomatoes, cucumber, red onions, roasted red peppers, goat cheese, reduced balsamic glaze and our house vinaigrette. 18.95

ADD CHICKEN OR SHRIMP 5.25

BIG SANDWICHES

ITALIAN TRIPLET (ASSORTED)

Invented in 1902 in the heart of New York by Italians. Sliced ham, imported mortadella, Genoa salami, fresh mozzarella, tomatoes, shredded lettuce, on a baked Italian bread. Mayonnaise and/or dressing. 13.95

BARREL STEAK SUB

Rib eye thinly sliced, sautéed onions, green peppers, mushrooms, tomatoes, fresh mozzarella and lettuce. Mayonnaise and/or dressing. 16.95
Double your steak 5.95

NONNA'S MEATBALL SANDWICH

Huge homemade meatballs sliced with fresh mozzarella in a freshly baked Italian bun. 14.50

CHICKEN SOUVLAKI SANDWICH

Chicken and roasted green pepper skewer, served on a toasted Italian bun with onions, tomatoes and tzatziki. 16.95

ADD FRIES TO ANY SANDWICH 4.00

SIGNATURE PIZZA

OUR PIZZA STORY

We start in the early morning hours making our dough fresh from scratch. We then prepare our vine ripened tomatoes to simmer for hours for our pizza sauce. Everything is homemade with the finest and freshest ingredients possible.

HOUSE SPECIAL S 15.95 | M 25.95 | L 32.50

Our most famous pie. Pepperoni, mushrooms, green peppers, onions, bacon, and green olives. Free option of hot peppers or anchovies.

MEAT LOVERS S 15.95 | M 26.25 | L 32.95

Pepperoni, Canadian ham, salami, bacon crumble and sausage.

BARREL BUFFALO S 15.50 | M 24.95 | L 28.50

Traditional Buffalo, NY, pizza. Double cheese and cup 'n' char.

SPICY ITALIAN S 14.95 | M 24.95 | L 29.95

Italian sausage, tomato, peameal bacon crumble, mushrooms, and fresh mozzarella.

VEGETARIAN S 14.25 | M 24.95 | L 28.95

Green peppers, onions, mushrooms, tomatoes, green olives and mozzarella.

HAWAIIAN S 14.95 | M 24.95 | L 28.25

Pineapple, ham and extra cheese.

EL GRECO S 14.95 | M 25.95 | L 30.95

Ground beef, sliced tomatoes, onions, black olives, green peppers, oregano, and feta.

PIZZA BIANCA S 14.95 | M 23.95 | L 28.25

Garlic butter, oregano, red onion, tomato and mozzarella
No tomato sauce.

PRIMAVERA S 14.95 | M 24.95 | L 31.95

Garlic butter, spinach, roasted red peppers, zucchini, artichoke, Parmesan cheese, mushrooms.

CARBONARA S 14.95 | M 25.95 | L 32.25

Alfredo sauce, ham, bacon, basil, mushrooms, and mozzarella.

NEW YORK DELI S 15.95 | M 25.95 | L 33.95

Pepperoni, Genoa salami, ham, mortadella, Italian sausage, mozzarella and cheddar.

MEDITERRANEAN S 14.95 | M 24.95 | L 31.95

Roasted peppers, zucchini, black olives, feta, tomatoes, oregano, garlic, and basil.

THE MASTERPIECE

Let's get creative! We want you to have fun, mix and match your toppings for a fun tasty creation.

START WITH BASIC SAUCE AND CHEESE

S 11.00 M 16.00 L 18.00

TOPPINGS

S 1.50 M 2.25 L 2.50

Pepperoni	Spinach
Ham	Zucchini
Canadian Bacon	Roasted Pepper
Italian Sausage	Garlic
Mortadella	Black Olives
Salami	Green Olives
Anchovies	Pineapple
Green Peppers	Feta
Red Peppers	Mozzarella
Hot Peppers	Cheddar
Tomatoes	Goat Cheese
Sundried Tomatoes	Italian Tri-Blend Cheese
Onions	Chicken +\$
Red Onions	Shrimp +\$
Mushrooms	Cup 'n' Char +\$

BIG PANZEROTTI

Golden crusts filled with fresh ingredients. Served with tomato meat sauce for dipping. Add fries for \$4.00.

CLASSIC

Mushrooms, green peppers, pepperoni and mozzarella. 18.75

HAWAIIAN

Pineapple, ham and mozzarella. 18.75

GRECO

Black olives, feta, ground beef and green peppers. 18.75